

# [WEEKLY MENU]



Week 3

Weeks Commencing: Mon 13th Sept - Mon 4th Oct - Mon 8th Nov - Mon 29th Nov



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Penne Beef Bolognaise (G)	Pepperoni Pizza (G, MK)	Roast Beef, Yorkshire Pudding & Roast Gravy (E, G, MK)	Sausage & Gravy (G, SO, SU)	Baked Battered Fish with Tomato Ketchup (F, G)
Vegetarian Dish of the Day	Roasted Tomato Basil Pasta (CE, G)	Fully Loaded Vegetable Pizza (G, MK)	Lentil & Spinach Strudel with Tomato Sauce (CE, G)	Quorn Sausage & Gravy (E, G, MK)	Cheesy Pasta Bake (CE, G, MK)
Vegetable Choice	Penne Pasta (G) Carrot Peas	Seasoned Wedges (G) Green Beans & Carrots	Baby Roast Potatoes Savoy Cabbage & Cauliflower	Mash Potato (MK) Sweetcorn & Broccoli	Chipped Potatoes Baked Beans Seasonal Vegetables
Dessert of the Day	Chocolate & Beetroot Brownie & Chocolate Sauce (E, G, MK, SO) Fresh Fruit Salad	Cherry Tray Bake & Whipped Cream (E, G, MK) Fresh Fruit Salad	Banana Mousse with Choc Chip Cookie (E, G, MK, SO) Fresh Fruit Salad	Orange & Cranberry Sponge with Vanilla Sauce (E, G, MK) Fresh Fruit Salad	Apple & Fruit of the Forest Crumble & Custard (G, MK) Fresh Fruit Salad
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit	Help Yourself Salad Bar Home Baked Breads (G) Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds

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