

I believe in me.

Take a moment to think about:

What you like and what you are good at.

What makes you who you are?

What do you like about yourself?

We have thought of a few ideas to get you started, write down any of these and add your own.

Thoughtful

Shy

Kind

Positive

Organised

Curious

Strong

Proud

Loud

Brave

Shy

Fun

Quiet

Helpful

Cheerful

