



# PSHE and RSE

PSHE and RSE - Autumn Term						
Term	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1 Who we are	Dreams and Goals (Setting simple goals)	Dreams and Goals (Setting realistic goals)	Dreams and Goals (How we will achieve)	Dreams and Goals (Being resilient)	Dreams and Goals (Challenging goals)	Dreams and Goals ( <a href="#">Puberty and Reproduction</a> , <a href="#">Conception and Pregnancy</a> )
Autumn 2 Where we are in time and place	Relationships ( <a href="#">Families and care</a> )	Relationships (Family, school and friends)	Relationships ( <a href="#">Personal space</a> )	Relationships (Building strong friendships)	Relationships (Anti-social behaviours)	Relationships ( <a href="#">Understanding Relationships</a> , <a href="#">Communicating in Relationships</a> )
PSHE and RSE - Spring Term						
Spring 1 How the world works	Keeping Healthy ( <a href="#">Keeping clean</a> )	Keeping Healthy (Healthy bodies)	Keeping Healthy (Healthy mind and bodies)	Keeping Healthy (Emotions)	Keeping Healthy (Body image)	Celebrating Differences (Disability/gender)
Spring 2 How we organise ourselves	Celebrating Difference (Why I am special)	Celebrating Difference <a href="#">Boys and girls</a>	Celebrating Difference <a href="#">Differences: Male and female</a>	Celebrating Difference (Cultures and religions around the world)	Celebrating Differences (Racism/prejudice)	Keeping Healthy (Drugs and alcohol)
PSHE and RSE - Summer Term						
Summer 1 Sharing the planet	Keeping Safe (Road/money)	Keeping Safe (Road/calling 999)	Keeping Safe (Risks/economic Safety)	Keeping Safe (Water/ internet safety)	Keeping Safe (Economic/ internet safety)	Keeping Safe (E-Safety - harmful content)
Summer 2 How we express ourselves	Change ( <a href="#">Growing and changing</a> )	Change ( <a href="#">Differences: Male and female body Parts</a> )	Change ( <a href="#">Family differences</a> )	Change ( <a href="#">Growing/ changing puberty reproduction</a> )	Change ( <a href="#">Talking about puberty, Male and female changes, Puberty and hygiene</a> )	Change (Transition to secondary school)

**DETERMINED, PERSISTENT ACHIEVERS Learning to Change the World**