

# Career Skills

## Positivity

How can positivity help us in our careers or lives?

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## Reflection time (from yesterday)

Which qualities of an effective leader do you think are most important?

Whom do you consider to be a good leader in your school, community and nation?

What job roles in school might you have that help you learn to be a good leader?

# This is Richard Parks



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# The 737 Challenge

- 7** - to climb the highest mountain on each of the world's 7 continents
- 3** - to stand at the North Pole, the South Pole, and on the summit of Everest
- 7** - to complete these journeys within 7 months.

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# Positivity

**At some time in our lives, each of us will experience disappointment. How we deal with disappointment is an individual thing, but being able to turn a negative feeling into a positive action is a wonderful way to respond.**

**When you are given a responsibility, you may face setbacks. Stay positive and take positive action.**